

# What to do with your hands

## DURING PHOTO SHOOTS!

This is a big concern for most people. You step in front of my camera and immediately say, "*What do I do with my hands? I'm so awkward, help!*" **Don't panic. I'm here to guide you through.**

**NO.1** When in doubt, bend one arm, or cross them.

**NO.2** Keep moving! Standing still gets awkward.

**NO.3** Small props can make a world of difference.

**NO.4** Choose a task or action. Writing, typing, etc.

**NO.5** Trust your photographer! They'll guide you.

